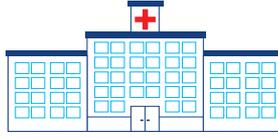


Safeguard Your Facility

Protect Patients and Staff from Pathogens

64
million people
contract the flu each year.



The flu results in
31.4 million
outpatient visits and about 200,000
hospitalizations every year.

THE FLU IS EXPENSIVE: It costs \$10.4 billion in direct medical expenses and \$16.3 billion in lost earnings – every single year.



February is the peak month for the flu, followed by December, January and March. Don't you just love winter? But epidemics can break out as early as October.

The most common flu symptoms include:



Headaches



Fever



Chills



Fatigue



Body aches



Products such as **SaniGuard®, Sani-Hands®, and face masks** also aid in flu prevention by sanitizing surfaces and eliminating germs.

S M T W T F S

Flu symptoms usually
last 5-7 days
in healthy adults.



Vaccination

is the best way to prevent the flu.
Get vaccinated in the fall, every year.



Avoid touching your
eyes, nose, and mouth.
Germs spread this way.



To avoid spreading germs,
wash your hands for at
least 20 seconds
throughout the day.



Avoid contact with sick
people and stay
**home when you
are sick.**



**Clean and
disinfect surfaces**
and objects that may be
contaminated with germs like the flu.



THE PREVENTION:

Protect your patients and your staff from contracting the flu at your facility. While vaccination is the best way to prevent the flu, there are other measures you can take to ensure the flu does not spread from person to person.

Source: <https://www.cdcfoundation.org/businesspulse/flu-prevention-infographic>

AliMed is here to help with all of your infection control needs.
To learn more about what products we offer, please visit alimed.com/infection-control/