

## Safeguard patients from line pulling or self-injury

- Limit unwanted finger and hand movements
- Quick and easy visual inspection
- Available in see-through mesh or easy-view styles



**Soft Hand Guard Mitt**  
Mesh promotes air circulation



**Padded Easy-View Mitt**  
Flaps permit visual inspection without removing restraints

### AliMed Protective Mitts

Designed to help prevent patients from disrupting medical treatment such as pulling IV lines, tubes, and catheters, or for those who are prone to self-injury. Both styles offer quick and easy visual inspection of hand circulation.

**Soft Hand Guard Mitts** Blue mesh back and front promotes air circulation, and include hook-and-loop wrist closures.

**Padded Easy-View Mitts** Feature double-padded flaps and 48" L restraint straps to help limit self-injury.

*Cotton, polyester, and polyester fiber fill • One size fits most adults • Fits left or right hand, no finger separators • Machine-washable • Available by prescription only*

### Ordering Information

- #71 2512 Soft Hand Guard Mitts  
#71 2513 Padded Easy-View Mitts

See reverse for fastening instructions.

# Protective Mitts Instructions



## Fastening for Soft Hand Guard Mitts

1. Wrap the wrist strap around the smallest part of the patient's wrist, through the plastic ring, and secure with the hook-and-loop fastener.
2. Slide one finger (flat) between the device and the inside of the patient's wrist to ensure proper fit. The strap must be snug but not restrict circulation.

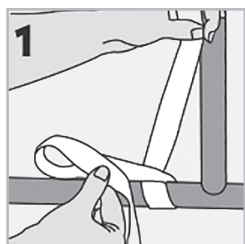
### Ordering Information

#### #71 2512 Soft Hand Guard Mitts

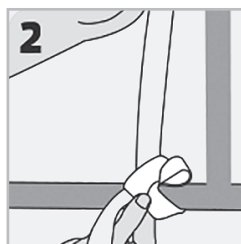
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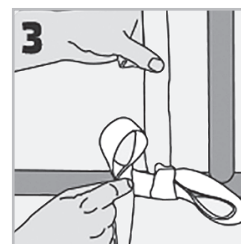
## Quick-Release Tie for Padded Easy-View Mitts



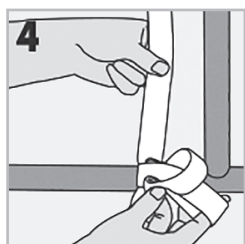
1. Wrap the strap once around a movable part of the bed frame leaving at least an 8" (20 cm) tail. Fold the loose end in half to create a loop and cross it over the other end.



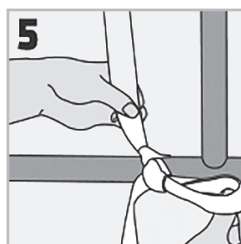
2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.



3. Fold the loose end in half to create a second loop.



4. Insert the second loop into the first loop.



5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any direction. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.

### Ordering Information

#### #71 2513 Padded Easy-View Mitts

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