

FREEDOM® Half Sole Orthotics



Four levels designed for the perfect fit and support









Different feet have different needs

The FREEDOM® Half Sole Orthotic family is a collection of half soles that share the same physical structure, but vary in levels of firmness so you can match the appropriate cushioning and support to the individual needs of your patients. These orthoses fit most any mens and womens shoes—dress, casual, or sport.

Each Half Sole features a contoured heel cup to cradle and stabilize the heel, a moderate longitudinal arch, mild metatarsal pad, and sculpted relief at the base of the fifth metatarsal.

These flexible, high-quality orthoses can be used off the shelf for basic arch support, modified with a wedge, or ground for pronation or supination control. They can even be incorporated into a custom device and tailored to meet a patient's specific needs.

Minimal Cushion Maximum Control



Mild Cushion Moderate Control

Maximum Cushion Mild Control



AliCork™

Modify and use as a component in more complex orthotics

- Heat-moldable thermoplastic cork
- Firmest option in the FREEDOM Half Sole family
- Modify by gluing, grinding, drilling, or heating

Best for: use as a component in more elaborate orthotics





XPE™

Modify for a custom, permanent orthotic with biomechanical control

- Will not compress, change shape, or bottom out
- Semirigid foundation is excellent for custom orthotics
- Modify by gluing or grinding

Posted XPE[™]

Easy pronation control

- 3° or 5° medial cork post
- Long-lasting cork base
- Modify by gluing or grinding

Best for: long-lasting use, functional control



BFO™

Solves many basic foot problems, from pediatric to sports to geriatric

- Upper layer of heat-moldable AliPlast™
- Supportive layer of Plastazote®
- Accepts glued modifications

Posted BFO™

Easy pronation control

- 3° or 5° medial cork post
- Long-lasting cork base
- Modify by gluing or grinding



CaVus[™] High Arch BFO[™]

Extended arch ensures total contact

- Soft extended arch
- Poron® heel pad for added heel-strike protection
- Genuine leather top cover

Best for: in-office fabrication and use in active sports



Accommodator[™]

Proven plantar fasciitis relief* and everyday arch support

- Clinically proven effective in plantar fasciitis treatment*
- Softest in the FREEDOM Half Sole family
- Dual-layer sole for gentle, long-term support
- Typically used without modifications

High Impact Accommodator™

Maximum heel-strike protection

- Same proven support and comfort of Accommodator
- Impact Plus[™] energyabsorbing polymer in heel
- Improved durability, shock absorption, and comfort at heel

Best for: long-term support, plantar fasciitis relief, geriatric support

*Awbrey B.J., Bernardone J.J., and Connolly T.J., "The Prospective Evaluation of Invasive and Non-invasive Treatment Protocols for Plantar Fasciitis," Rehabilitation R&D Progress Reports, (1989): 50.

Sizing and ordering information on back

AliMed.com 800.225.2610 customerservice@AliMed.com customerservice@AliMed.com 800.225.2610 AliMed.com

Sizing and Ordering Information

AliCork™

SIZE #	ALICORK
0	#60170
1	#60171
2	#60172
3	#60173
4	#60174
5	#60175
6	#60176
7	#60177
8	_
9	_
10	_

XPE™

SIZE #	XPE	POSTED XPE	
		3°	5°
0	#6830	_	_
1	#6831	_	_
2	#6832	#64982	#65202
3	#6833	#64983	#65203
4	#6834	#64984	#65204
5	#6835	#64985	#65205
6	#6836	#64986	#65206
7	#6837	#64987	#65207
8	#6838	_	_
9	#6839	_	_
10	#68390	_	_

BFO[™]

SIZE	BASIC	CAVUS HIGH-	POSTE	D BFO
#	BFO	ARCH BFO	3°	5°
0	#6820	_	_	_
1	#6821	#6456	_	_
2	#6822	#6457	#6142	#64095
3	#6823	#6458	#6143	#64096
4	#6824	#6459	#6144	#64097
5	#6825	#6460	#6145	#64098
6	#6826	#6468	#6146	#64099
7	#6827	#6469	#6147	#64100
8	#6828	_	_	_
9	#6829	_	_	_
10	#68290	_	_	_

Accommodator™

SIZE #	ACCOMMODATOR	HIGH-IMPACT ACCOMMODATOR
0	#6810	#6490
1	#6811	#6491
2	#6812	#6492
3	#6813	#6493
4	#6814	#6494
5	#6815	#6495
6	#6816	#6496
7	#6817	#6497
8	_	#6498
9	_	#6499
10	_	#64990

Half Sole Sizing Chart

SIZE #	SIZES	
0	CHILD: 2"W x 51/2"L	
1	W 5-6	_
2	W 6-8	M 7-8
3	W 8-9½	M 8-9
4	W 10	M 9-10½
5	W 11	M 10½-11

SIZE #	SIZES	
6	W 12	M 11-12
7	W 13	M 12-13
8	-	M 13-14
9	_	M 14-15
10	_	M 15-16

Any order placed before 3 p.m. EST, if in stock, ships the same day! Prices, product availability, and specs are subject to change.

Pub. #6909REV0120 Product #11547

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